



# Trauma Education

presented by Dr Leah Giarratano

Leah is a doctoral-level clinical psychologist and author with vast clinical and teaching expertise in CBT and traumatology since 1995

Two highly regarded trauma focused programs for all mental health professionals. Offered in Australia and New Zealand and internationally as a self-paced online program or via 2-day livestream

## Clinical skills for treating post-traumatic stress disorder

### Treating PTSD: Day 1 - 2

This two-day program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. In order to attend Treating Complex Trauma (Day 3-4), participants must have first completed this 'Treating PTSD' program.

- 1/2/21 to 1/5/21 self-paced online
- 4-5 March 2021 Livestream AEDT
- 1/4/21 to 1/7/21 self-paced online
- 3-4 June 2021 Livestream AEST
- 17-18 June 2021 Livestream NZST
- 1/7/21 to 1/10/21 self-paced online
- 1/10/21 to 1/1/22 self-paced online
- 16-17 September 2021 Livestream BST
- 18-19 November 2021 Livestream AEDT

## Clinical skills for treating complex traumatising

### Treating Complex Trauma: Day 3 - 4

This two-day program focuses upon phase-based treatment for survivors of child abuse and neglect. Applicable to both adult and adolescent populations, incorporating practical, current experiential techniques showing promising results with this population; drawn from Emotion focused therapy for trauma, Metacognitive therapy, Schema therapy, Attachment pathology treatment, Acceptance and Commitment Therapy, Cognitive Behaviour Therapy, and Dialectical Behaviour Therapy.

- 1/2/21 to 1/5/21 self-paced online
- 11-12 March 2021 Livestream AEDT
- 1/4/21 to 1/7/21 self-paced online
- 10-11 June 2021 Livestream AEST
- 24-25 June 2021 Livestream NZST
- 1/7/21 to 1/10/21 self-paced online
- 1/10/21 to 1/1/22 self-paced online
- 23-24 September 2021 Livestream BST
- 25-26 November 2021 Livestream AEDT

**Fees:** Day 1-2 or Day 3-4 are **\$795** and Day 1-4 is **\$1,390** Australian Dollars

**Livestream:** Two-days highly interactive with breakout groups and includes one-month complimentary access to self-paced online to consolidate learning

**Self-paced online** Engaging three months access. Not a recording of a past live event.

**Day 1-4 (or 3-4) online modes** include complimentary access to a Trauma Case-Study Livestream applying skills to more real cases and improve case formulation (2hrs + 2 hrs preparation)

Time commitment for CPD hours: **15 hours for Day 1-2** and **19 hours for Day 3-4**

Please visit [www.talominbooks.com](http://www.talominbooks.com) for further details about Leah's books and these or other training offerings

