



DIVISION OF CLINICAL PSYCHOLOGY

The Hong Kong Psychological Society

香港心理學會臨床心理學組

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Hong Kong Psychological Society

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**Work Group on the Position Paper for Psychologists Working with Lesbians, Gays, and
Bisexual Individuals**

**Position Paper for Psychologists Working with Lesbians, Gays, and Bisexual (LGB)
Individuals**

1. Psychologists understand that homosexuality and bisexuality are not mental illnesses.
2. Psychologists understand that homosexual, bisexual, and heterosexual attractions, feelings, and behavior constitute normal variants of human sexuality.
3. Psychologists understand that efforts to change sexual orientation are not proven to be effective or harmless.
4. When using and disseminating information on sexual orientation, psychologists fully and accurately represent research findings that are based on rigorous scientific research design and are careful to avoid any possible misuse or misrepresentation of these findings.
5. Psychologists understand the societal stigma imposed on LGB individuals and the effects on their lives.
6. Psychologists always act to ensure the public is accurately informed about sexual orientation and LGB-related issues.
7. Psychologists are aware of their own attitudes, beliefs and knowledge about sexual orientation and LGB individuals' lives and experiences. They do not impose personal beliefs or standards about sexual orientation when they are offering professional services.
8. Psychologists understand the distinction between sexual orientation and gender identity and expression. Stereotypical gender conformity or non-conformity is not necessarily indicative of one's sexual orientation.
9. Psychologists understand the heterogeneity among LGB individuals (e.g., sex, gender, age, socioeconomic status, physical and mental abilities, race, marital status, parental status, and religious beliefs).
10. Psychologists are respectful of LGB individuals' choice to disclose or not to disclose their sexual orientation.
11. Psychologists advocate for an inclusive society and the promotion of equal opportunity. This includes advocating for the elimination of homophobia, biphobia, discrimination, bullying, harassment, or any form of stigmatization towards LGB individuals.

Endorsed by the Hong Kong Psychological Society

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